



ELIZABETH SUTHERLAND SCHOOL

66 Rockingstone Road, Halifax, NS, B3R 2C9

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Phone 479-4427

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Sara Walker – Principal

Craig Nelson – Vice-Principal

Dear parents/guardians,

Your son or daughter has expressed interest in participating in the ESS Junior High Ski Club. This year, the club is planning a day trip to Ski Martock. The scheduled date for the trip is **Friday, January 31st, 2020.**

Costs: All costs include instruction and the bus.

The cost of the trip is \$45 if you require equipment and a lift ticket.

The cost of the trip is \$35 if you have *either* your own pass *or* your own equipment.

The cost of the trip is \$20 if you have your own pass *and* equipment.

The bus will be departing from the school on Friday, January 31st at 9:15 am, returning at 6:55 pm. **Students must arrive at school no later than 9:00 a.m.** Once permission forms and money have been collected, students will participate in an information session about Ski Martock and will receive a list of items to bring.

There are 40 spots available for this trip, and will be filled on a first come, first serve basis. Please enclose your payment and the three completed forms no later than:

Thursday, January 16th, 2020.

Looking forward to an active, outdoor adventure!

Thank you,

Caitlin Chisholm
Junior High Ski Club organizer

Checklist (this sheet is for you to keep):

- I have enclosed the appropriate dollar amount for the trip.
- Halifax Regional Centre for Education Consent Form
 - On front: name of student on blank line and **parent/guardian signature** at the bottom
 - On back: sections 4 & 9 completed, **name of parent/guardian, date and two signatures**
- Martock Permission Slip
 - Fill out **all sections on the back**
- Rental Equipment form
 - All sections of the **top half** filled out [**please do not miss age/weight/shoe size section**]

*If your son or daughter will be travelling with another parent, we need a note of confirmation.

*If your son or daughter is travelling with you instead of on the bus, please advise us of this ahead of time.

*We currently have the correct ratio of chaperones required for this trip. If you wish to attend providing your own transportation, you are still able to get the discounted rate of \$25 (for ticket and rental). This money must be enclosed with your child's. Please write a note that would accompany this money so it can be accounted for. (Martock will not issue these reduced rate tickets if they are not included with the group payment, and will only release them to parents once all the students have been processed with tickets and gear.)

Parental/Legal Guardian Consent Form for School Trip

Name of School: Elizabeth Sutherland

ATTENTION: This is a legal document. Please read carefully the contents of this consent form and clarify any concerns with the staff at the school organizing the event or the School Principal before signing each page. It is important that this form is completed in its entirety, signed, and returned in order for your child to participate in this activity.

PRIVACY NOTICE: Elizabeth Sutherland School is collecting the personal information requested in this form to: obtain lawful consent for your child to participate in the activity; coordinate the activity; respond and report respecting any injury or medical condition that may arise during, or as a result of the activity; and update School records where necessary.

The information will only be accessed by authorized School staff and will be dealt with in accordance with the privacy requirements of the Nova Scotia Freedom of Information and Protection of Privacy Act.

The information will not be disclosed to any other person or agency unless it is for a purpose stated above, the disclosure is authorized or required by law, or you have given the School permission for the information to be disclosed.

IN CONSIDERATION of Elizabeth Sutherland School offering my child, _____ an opportunity to participate in the activity described below on **Friday, January 31st, 2020**, I hereby give and provide my consent, and acknowledge by my signature that my child may participate.

1. **ACTIVITY DESCRIPTION:** *[Describe the activity including: 1) time frame, 2) transportation arrangements, 3) required skills and competencies, 4) equipment & clothing required.]*

Grade 7-9 Ski Trip to Martock:

- Friday, January 31st, 2020. Bus departs Elizabeth Sutherland School at 9:15 a.m. and returns at 6:55 p.m.
- **Students must arrive at school no later than 9:00 a.m.**
- Travel to and from the ski hill is by bus.
- This trip is intended for any level of skier.
- Instructors will provide the necessary level of instruction for participants, and determine if and when they are able to progress from the bunny hill, to the half t-bar run, to the full lift. Students must undergo an assessment by the instructor before they can proceed to the next level/hill.
- Equipment can be rented at the ski hill or students may bring their own.
- All students and chaperones must wear a helmet (included in equipment rental).

Costs:

- The cost is \$45/student which includes transportation/equipment/instruction and a lift ticket.
- The cost is \$35/student which includes transportation/instruction and equipment *or* lift ticket.
- The cost is \$20/student for transportation only (own equipment and lift ticket).

Please indicate for school attendance/safety purposes how your child will be travelling:

To the ski hill: By bus By car (Please provide signed note if going by car)
Home from the ski hill: By bus By car (Please provide signed note if going by car)

1=2 I have read and understood this page. Legal Guardian: _____

2. **ACTIVITY RISKS:**

- Risks associated with skiing range from **simple muscle soreness** (using new/unused muscle groups) and some **bumps and bruises** (if a student should fall, this is a higher probability), to **concussions and sprained/broken limbs** (if students go down areas they are not ready for – lesser probability). More serious injuries are always a possibility when participating in sporting activities.
- Risks associated with traveling by vehicle also apply to this trip.
- Students with special needs may require additional supports in terms of school personnel or family member participation.

I am aware of the usual risks and danger involved in participation in this activity, including any specified above and of the possibility of personal injury, fatal injury, property damage or loss that may result.

3. **SUPERVISION:** *[Describe what levels of supervision will/will not be provided.]*

- Teachers and parents with all required paperwork will be chaperoning this trip, with a 1:8 ratio.
- Additional parents may be attending the trip, but only for their child’s needs and not in an official chaperone capacity.
- Ski Martock provides instructors for all levels of skiers, and they determine when a skier is ready to progress.
- Ski Patrol are also at the hill patrolling the ski hill and assisting any injured skiers.

4. **HEALTH AND MEDICAL TREATMENT:**

- My child does not have any illness, allergy, or disability that prevents his or her participation in this event
- My child has an illness, allergy, or disability that could affect his or her participation in this event.

List illness, allergy, or disability: _____

5. **EQUIPMENT AND CLOTHING:**

I will supply appropriate equipment and clothing for my child’s participation in this activity as identified. I acknowledge that it is the responsibility of me and my child to ensure that all necessary equipment and clothing is brought by my child to the event and acknowledge that my child may be prevented from participation if s/he does not have all necessary equipment and clothing.

6. **CODE OF CONDUCT & ACTIVITY SITE RULES AND REGULATIONS:**

My child and I understand that the School Code of Conduct applies during this activity. My child and I also understand that site rules and regulations are in place for this activity and my child agrees to abide by these rules and regulations. I acknowledge that I have explained to my child that any prohibited actions may result in my child not being allowed to participate or continue in the activity.

7. **RISK OF ACCIDENT:**

Accidents can result from the nature of this activity and can occur with or without any fault on either the part of the student, school board or its employees or agents, or the facility where the activity is taking place. By allowing my son/daughter to participate in this activity, I accept the risk of an accident and agree that this activity, as described above, is suitable for my child.

8. **NON-PARTICIPATION IN THIS EVENT:**

I understand that if I am not comfortable with my child participating in this activity that arrangements will be made for my child to remain at the School during School hours and my child will not be penalized for non-participation.

9. **CONTACT INFORMATION:**

Should the School need to contact me during this event:

- Contact Number Valid for the Time of the Activity: _____
- Alternative Contact Information: _____

10. **CONSENT**

In signing this Consent, I am not relying on any oral or written representation or statement(s) made by the School Board, its servants, agents, employees, or authorized volunteers to induce me to allow my child’s participation in this activity other than those contained in this Consent. I acknowledge the Privacy Notice, above.

I am 19 years of age or older and I have carefully read the contents of this Consent Form and have clarified any concerns with the staff at the School organizing the event or the School Principal before signing each page. I understand that it is a legal document that is binding on me, my heirs, executors and administrators.

Name of Legal Guardian

Signature of Legal Guardian

Date

**NOTE TO PARENT/GUARDIAN AND STUDENT/GROUP MEMBER
PLEASE READ CAREFULLY**

Elizabeth Sutherland School is arranging a school/group trip to **Ski Martock**. Nova Ski Ltd, o/a Ski Martock and its directors, officers, employees, instructors, agents, representatives, volunteers, independent contractors, subcontractors, sponsors, successors, and assigns (**hereinafter collectively referred to as the "Releasees"**) In this agreement, the term "We" shall refer to participating student/group member and his/her parent(s)/guardian(s)/agent(s).

RENTAL AGREEMENT

1. We accept full responsibility for the care of the rental equipment ("the Equipment") listed on the "School/Group Equipment Rental Form" and agree to pay for any damage to the equipment (other than reasonable wear and tear) and replace at full retail value any equipment not returned by the agreed date and time.
2. No misrepresentations have been made in regard to the Equipment User's height, weight, age, skier type or ski/snowboarding/cross-country ski classification. (The accuracy of this information is imperative in order to properly adjust ski boot / binding settings and to ensure the correct level of snow school instruction).
3. We are familiar with the proper use of the Equipment. We understand that the rental technicians are able to answer any question we may have as to the proper use of the Equipment.

ASSUMPTION OF RISKS

We are aware that alpine skiing, snowboarding, cross-country skiing and snowshoeing involve risks, dangers and hazards and injuries are a common and ordinary occurrence of the sports.

ALPINE SKIING We understand ski boot / binding system will not release at all times or under all circumstances; that it is not possible to predict every situation in which the system will release and that the system is no guarantee that the user will not be injured.

SNOWBOARDING/CROSS-COUNTRY SKIING/SNOWSHOEING We understand that the snowboard boot / binding system, cross-country boot / binding system is not designed or intended to release and will not release under normal circumstances. We understand that as the snowboard boot / binding system or cross-country boot / binding system is a non-release system, it will not reduce the risk of injury during a fall.

HELMETS We understand that it is the law in Nova Scotia to wear a properly fitted, properly fastened, certified snow sport helmet while alpine skiing or snowboarding. (Helmets are not required for cross-country skiing.)

WE FREELY ACCEPT AND FULLY ASSUME ALL RISKS, DANGERS AND HAZARDS ASSOCIATED WITH THE USE OF THE EQUIPMENT.

RELEASE OF LIABILITY, WAIVER OF CLAIMS AND IDEMNITY AGREEMENT

In consideration of the School/Group Trip and of the rental of the Equipment, We hereby agree as follows:

1. TO WAIVE ANY AND ALL CLAIMS that we/I have or may have in the future against **THE RELEASEES** and the manufacturer and distributor of the Equipment and their directors, officers, employees, agents and representatives (all of whom are hereinafter referred to as "the Releasees" and TO RELEASE THE RELEASEES from any and all liability for any loss, damage, injury or expense that we/I may suffer, or that our/my next of kin may suffer as a result of or arising out of any aspect of our/my use of the Equipment, DUE TO ANY CAUSE WHATSOEVER, INCLUDING NEGLIGENCE, BREACH OF CONTRACT OR BREACH OF ANY STATUTORY OR OTHER DUTY OF CARE, INCLUDING ANY DUTY OF CARE OWED UNDER THE **OCCUPIERS LIABILITY ACT SNS 1996 c.27** ON THE PART OF RELEASEES, AND ALSO INCLUDING THE FAILURE ON THE PART OF THE RELEASEES TO SAFEGUARD OR PROTECT ME FROM THE RISKS, DANGERS AND HAZARDS OF SKIING, SNOWBOARDING OR CROSS-COUNTRY SKIING. OR WARRANTY ON THE PART OF THE RELEASEES in respect of the design, manufacture, selection, installation, maintenance or adjustment of the Equipment, or in respect of the provision of or the failure to provide any warnings, directions, instructions or guidance as to the use of the Equipment;)

2. TO HOLD HARMLESS AND INDEMNIFY THE RELEASEES from any and all liability for any loss, damage, injury or expense to any third party, resulting from the use of the Equipment.
3. This Agreement shall be effective and binding upon my heirs, next of kin, executors, administrators, assigns and representatives, in the event of my death or incapacity;
4. This Agreement shall be governed by and interpreted in accordance with the laws of the Province of Nova Scotia; and
5. Any litigation involving the parties to this Agreement shall be brought within the Province of Nova Scotia.

RESPONSIBILITY CODES

Ski Martock requires the parent/guardian and student/group member know and obey the **ALPINE RESPONSIBILITY CODE, CROSS-COUNTRY SKIER, FREESTYLE TERRAIN CODE and MARTOCK LIFT USE GUIDELINES**. Ski Martock, teachers/group leaders/chaperones/volunteer supervisors reserve the right to revoke a lift/trail ticket in event of a violation of the **RESPONSIBILITY CODES** or other unacceptable conduct. Copies the Guidelines and Codes can be found in the school hand book <http://www.martock.com/pdf/schoolbooking.pdf> and at www.martock.com

OVER →

October,2012

ACCESS TO FREESTYLE TERRAIN (Halfpipe/Terrain Park)

Martock permits students in freestyle terrain if they permission from the parent, approval by the school and have had previous instruction in this terrain, have demonstrated advanced skiing or riding skills to their instructor. Students must be accompanied an instructor, chaperone/volunteer supervisor or teacher. The instructor will identify these students with an Orange Sticker on their lift ticket/season pass.

I GIVE MY CHILD, _____ PERMISSION TO: SKI SNOWBOARD IN FREESTYLE TERRAIN.

ACTIVITY STUDENT/ GROUP MEMBER TO PARTICIPATE IN (Check One)

SKIING SNOWBOARDING CROSS COUNTRY SKIING *Please mark an alternate activity with an "A"

SKI/SNOWBOARDING/CROSS-COUNTRY SKIING CLASSIFICATION FOR SNOW SCHOOL LESSONS

We have identified our child's Ski/Snowboarding/Cross-Country Skiing classification as (check One):

NON-SKIER/SNOWBOARDER BEGINNER INTERMEDIATE ADVANCED

SKIER TYPE FOR ALPINE SKI BINDING SETTINGS (SEE APPENDIX #2 – B for details)

We have identified our child's Skier Type as (check one):

TYPE I - Cautious skiing at lighter release/retention settings TYPE II - Moderate skiing at average release/retention settings TYPE III - Aggressive skiing at higher release/retention settings

STUDENT / GROUP MEMBER INFORMATION

Name: _____ Health Card#: _____

Age: _____ Height: _____ Weight: _____ Shoe Size: _____

Any Allergies/Health Conditions: _____ Parent's/Guardian's Name: _____

Emergency Contact Name: _____ Emergency Contact Phone #: _____

ACKNOWLEDGEMENT

I HAVE READ AND UNDERSTAND THIS AGREEMENT AND I AM AWARE THAT BY SIGNING THIS AGREEMENT I AM WAIVING CERTAIN LEGAL RIGHTS WHICH I OR MY HEIRS, NEXT OF KIN, EXECUTORS, ADMINISTRATORS AND ASSIGNS MAY HAVE AGAINST THE RELEASEES, I GIVE MY CHILD , _____ PERMISSION TO PARTICIPATE IN THE SCHOOL/GROUP TRIP TO BE HELD AT SKI MARTOCK.

X _____ Date(s) _____
Signature of Participant/Renter/Parent/Guardian/Agent
(If Participant/User of Equipment is under 19)

(please list all dates if more than one trip)

X _____
Signature of User of Equipment if different from Renter

X _____
Witness

THIS AGREEMENT AND THE SCHOOL/GROUP RENTAL FORM BELOW MUST BE COMPLETED SIGNED, DATED AND WITNESSED PRIOR TO RENTING.

